



TERMS & CONDITIONS

1. INTERPRETATION

1.1 In these Terms and Conditions, the following definitions apply:

“Company” means Happy Hippiez (Yoga), The Netherlands. The company is registered with the KvK, under the number 77414152.

“Happy Hippiez Yoga” means the company Happy Hippiez (Yoga). The company is registered with the KvK, under the number 77414152.

“Studio” means the company Happy Hippiez Yoga. The company is registered with the KvK, under the number 77414152.

“Terms and Conditions” are as defined here.

“Website(s)” means www.happyhippiezyoga.com or www.happyhippiez.com, or affiliated websites.

“Retreat” means any event or retreat organized by Happy Hippiez Yoga.

“Workshop” means any workshop to be given or given at or by Happy Hippiez Yoga.

“Class card” means the credit, or number of classes, the clients purchases for lessons at or by Happy Hippiez Yoga.

1.2 The Terms and Conditions are incorporated onto our website.

1.3 Happy Hippiez Yoga reserves the right to vary or revoke any of the Terms and Conditions from time to time which it may consider necessary or suitable for the regulation



of the governance of the studio and the conduct of members. Any such changes will be published on our website(s) and, until revoked, are binding on members.

1.4 The Terms and Conditions shall be governed by the laws of The Netherlands and subject to the exclusive jurisdiction of the Dutch courts.

2. MEMBERSHIP/STUDIO USER

2.1 When it comes to memberships and/or studio users, and terms that derive from these definitions, the following definitions apply:

“Participant” means any person that follows or desires to follow any workshop, course or retreat organised by Happy Hippiiez Yoga and any person that follows a class hosted by Happy Hippiiez Yoga.

“Member” means any person that has purchased or made use of one of our yoga memberships, class cards, or yoga packages. When a person has purchased a yoga package or used the studio products/facilities/services they shall become a member of the studio or a studio user.

“Memberships” means any item that provides the clients with access to our products/services or studio facilities. It is an item:

- issued by the company and paid by the participant
- a contract to be paid or paid monthly by the participant (paid membership)
- a contract for following yoga classes and other classes, training courses, workshops and services at the company.

“Yoga packages” means any item that provides the client with access to our products/services or studio facilities.

“Products/services or studio facilities” means any of the yoga studios open to, or products/services offered to, clients of our company as published on our website(s).



2.2 Acceptance of a person as a member or a studio user is at the discretion of Happy Hippiiez Yoga.

2.3 Happy Hippiiez Yoga reserves the right to withdraw, suspend or refuse to renew the membership of any member or user whose conduct is, or may be deemed to be in the Company's reasonable opinion, injurious to the character of the studio or amounts to a breach of the Terms and Conditions or where such expulsion is otherwise to be in the interests of the other members of the studio. Any member so expelled shall forfeit all privileges to membership and shall not be entitled to any refund for any period during which his or her membership is suspended.

2.4 Happy Hippiiez Yoga may run promotional introductory offers from time to time (directly or through an agent). These offers are exclusively for new members who are not already registered with the studio and are not for repeat use.

2.5 To become a member of Happy Hippiiez Yoga or to buy a class card, a person is required to subscribe by filling out a registration form on paper and / or on our website, under the name 'Become a member or buy a class card'. The form will be filled out truthfully, and any person is required to both read and agree to these Terms and Conditions. The Terms and Conditions can be found both on our website and next to the required field that needs to be filled out in order to complete registration to become a member or buy a class card. Any person is required to answer the question 'I have read and agree to the Terms & Conditions' with the option 'Yes, I agree'. Thus, by clicking on 'send' any person has read and agrees to these Terms and Conditions.

2.6 To become a member or buy a class card, any person agrees to become a member, and the membership can not be canceled or refunded. After completing the required steps to become a member or purchase a class card (meaning after filling out the 'Become a



member or buy a class card' form on our website), we will send the person an invoice for the amount that is due. Please proceed to make the payment within 24 hours.

2.7 Any (new) member is made aware of the fact that Happy Hippiez Yoga charges no registration fee to become a member. This requirement can be found here, in the Terms and Conditions.

2.8 A membership (1 or 2 classes a week) starts on the day of your purchase and will automatically be renewed for a month each time. Members are allowed to cancel their membership, by sending us a letter or an email (to happyhippiez@oulook.com or happyhippiezyoga@outlook.com). Cancellation is only done in writing (by email or letter), with a notice period of 7 days, and payment obligation.

2.9 It is possible to reduce the monthly subscription to a subscription with a different lesson credit per week. This can only be done respecting the minimum registration period. There is a notice period of at least 30 days and the participant must request the change before the first of the full calendar month via email (happyhippiez@oulook.com or happyhippiezyoga@outlook.com) to start the following month. Only after the participant has received confirmation by email that the request has been received in good order, will there be a legally valid reduction of the subscription. Increasing the subscription is possible immediately.

2.10 Pausing a subscription/membership is possible in exceptional cases. A break can take place no more than once a year and the maximum period for a break is two months. The reason for pausing a subscription/membership is illness/hospitalization/pregnancy. The participant must submit a doctor's statement to Happy Hippiez Yoga. The membership will start again the first month after the resumption.

2.11 If a lesson is cancelled because of an annual holiday or for any other reason, any person who is or was registered for this particular class can catch up on the class another time within a period of two months. After these two months, the missed lesson will be cancelled when not used.

2.12 The various subscriptions/memberships are listed on our website and on the registration form.



2.13 Subscription fees must be paid in accordance with the Terms and Conditions irrespective of whether or not the member uses the Studio's facilities.

2.14 Members shall be given no less than 10 working days' written notice of any increase in their subscription (unless otherwise agreed in their contract).

2.15 Members agree and acknowledge that by agreeing to the subscription period, they are being given preferential rates by Happy Hippiiez Yoga. These rates can be found on the website.

2.16 It is the sole responsibility of the member to cancel their subscription/membership on time. Happy Hippiiez Yoga cannot be held liable for any payments that are due, due to the failure of a member to cancel their membership on time.

2.17 Members who do not wish to accept a change proposed by Happy Hippiiez Yoga to the Terms and Conditions or to pay an increase in any subscription fees may cancel their subscription by giving written notice to the Studio, by email (to happyhippiez@oulook.com or happyhippiezyoga@outlook.com). The notice must be given before or within 30 days after the change to the Terms and Conditions or increase in subscription fees takes effect. The Member giving notice must continue to pay subscriptions at the rate current immediately prior to any proposed increase until the end of such notice period.

3. CLASS CARDS

3.1 A class card can be purchased via the website. The content of the class card is described on the website, as well as the number of lessons or sessions and the period of validity of the class card.

3.2 The price of our class cards is stated on the website. The validity of each class card is stated on the relevant class card.



4. APPLICABILITY

4.1 These Terms and Conditions apply exclusively to all participants, members, memberships, introductory classes, gift vouchers, class cards, drop-in classes, private classes, company yoga classes, courses, workshops, training and retreats at or by Happy Hippiiez Yoga. By participating, the participant agrees to the applicability of these Terms and Conditions.

4.2 These Terms and Conditions apply to all agreements in which Happy Hippiiez Yoga acts as client and contractor. During the term of the agreement, the conditions can be changed by Happy Hippiiez Yoga. The latest version is always the current version and available on the website.

4.3 If a situation arises between the parties that is not regulated in these Terms and Conditions, then this situation must be assessed in the spirit of these Terms and Conditions.

4.4 If Happy Hippiiez Yoga does not always require strict compliance with these Terms and Conditions, this does not mean that the provisions thereof do not apply, or that Happy Hippiiez Yoga would lose the right to demand strict compliance with the provisions of these Terms and Conditions in other cases.



5. STUDIO OPENING TIMES AND SCHEDULE

5.1 Details of class times at or by the studio may vary from time to time. Class times will be published by Happy Hippiiez Yoga on our website.

5.2 In case of a planned schedule, the current class schedule can always be found on the website. Happy Hippiiez Yoga reserves the right to change the class schedule at any time. Any changes will be announced in advance as far as possible.

5.3 Happy Hippiiez Yoga reserves the right to cancel a scheduled class or to change the teacher mentioned on the class schedule, as a result of force majeure. In that case, no refund of subscription costs will be made, but article 2.11 applies.

5.4 Happy Hippiiez Yoga is open all year round, on weekdays and weekends in the case of private lessons, with the exception of public holidays. In case Happy Hippiiez Yoga is closed and therefore classes are not taught on that specific day, it can be found on our website and/or in the planned schedule (also to be found on the website).

5.5 In the tradition of Ashtanga Yoga, the days of the full moon and new moon are considered 'yoga holidays'. We do not practice Ashtanga Yoga on those days. In the case of a planned schedule, the current class schedule can always be found on the website. A list of the Moon days can also be found on the website.

5.6 All members and participants are required to book a class in advance, and are asked to arrive at least 10 minutes before the class starts. No entry will be allowed any later than the class starting time.



6. PARTICIPATION

6.1 Participation in lessons, workshops and retreats requires registration. A participant should preferably register for any class, a single 'drop-in' class, a subscription or membership, a workshop, a retreat and training via our website (by filling out the 'Book a class' form), by mail (to happyhippiez@outlook.com or happyhippiezyoga@outlook.com), or by phone (0031 6 860 226 35). The form will be filled out truthfully. The requested registration will be confirmed within 12 hours.

6.2 Any member or participant who has registered for any of our classes can cancel or reschedule their class no later than 12 hours prior to the scheduled starting time of the class. In case of the cancellation or rescheduling of a class within the last 12 hours prior to the scheduled starting time of the class, the full price of the class will be charged in case of a single 'drop-in' class and/or private class. In case of a membership, class card, or gift voucher, the cancelled class will count as a 'used' class, and the right to use it will be forfeited, meaning it will result in the deduction of the class from the class card/membership/voucher.

6.3 In case of a 'No Show' (failure to turn up for a class at all, without prior cancellation) the full price of the class will be charged in case of a single 'drop-in' class and/or private class. In case of a membership, class card, or gift voucher, the missed class will count as a 'used' class, and the right to use it will be forfeited, meaning it will result in the deduction of the class from the class card/membership/voucher.

6.4 Prior to each lesson, the participant must report to the desk or the teacher of Happy Hippieez Yoga. After the Happy Hippieez Yoga employee has checked the registration and payment for the class in question, participation is possible.



6.5 Participation in activities of Happy Hippiez Yoga without registration via the website is only possible with the permission of the relevant teacher, in accordance with Happy Hippiez Yoga.

6.6 When registering for a subscription/membership and/or class card at our desk or with one of our yoga teachers, the participant must complete a registration form containing the desired subscription and other required information. The registration can also be done online, on our website, when desired or when requested by Happy Hippiez Yoga.

6.7 Please bring your own yoga mat if you have one. If not, you can borrow one from our studio or buy one in our [online shop](#).

7. PAYMENT TERMS

7.1 Details of our yoga packages, class cards, and/or memberships are available on our website(s) or shall be such prices as determined by Happy Hippiez Yoga from time to time. All current rates are listed on the website. Happy Hippiez Yoga is entitled to change rates. The rates are based on an average, which means that the days on which Happy Hippiez Yoga is closed or does not offer classes are included in the membership rate. Payment of the subscription costs is always done after receiving an invoice made by Happy Hippiez Yoga. By becoming a member, or purchasing a class card or any other form of participation to our classes, the participant agrees to the membership, and agrees to pay the invoices issued by Happy Hippiez Yoga.

7.2 In case the subscription/membership starts on any day during the month other than the first of the month, the membership will run until that same day of the month, a month later. As mentioned in article 2.8, after the period of 1 month, the membership will automatically be renewed for a month each time. When the membership is automatically



renewed, again, the membership will run until that same day of the month, one month later.

7.3 Payments for classes at the studio do not entitle members to attend classes at any yoga studio other than those operated by Happy Hippiiez Yoga (in the event that they are available).

7.4 Subject to any statutory right of cancellation, payments for classes, class pass fees, monthly subscription fees and annual payments are made non-refundable unless otherwise stated in the Terms and Conditions.

7.5 Workshops, Retreats and Programs at Happy Hippiiez Yoga are non refundable.

7.6 In the event of the Company cancelling a Retreat/Program we will refund members all deposits and payments they have paid. We cannot however compensate members for airfare or travel costs incurred. In the unlikely event that we must cancel a Retreat/Program due to force majeure (including but not limited to; weather, natural disaster or political upheaval) we cannot guarantee a refund. To cover these risks, we highly recommend that members purchase travel insurance.

7.7 In the event of non-payment of any membership, single 'drop-in' class, private class, class card, gift voucher, or any other form of non-payment, the membership of the participant concerned and/or the right to participate in any of our classes may be suspended. If the amount that is due cannot be collected and is not paid, a € 25 administration fee will be charged with the second reminder. With a third reminder, another € 25 will be added. Payment reminders must be paid within three days. Happy Hippiiez Yoga reserves the right to suspend the membership of the participant until the payment has been made. Cancellations will not be processed if subscription costs are still to be paid. In case of non-payment or late payment, Happy Hippiiez Yoga has the right to



recover the collection costs from the participant. Happy Hippiiez Yoga also has the right to refuse participation in a class of the registered participant if the participant has not fulfilled his or her payment obligations on time. Refund of tuition is not possible.

8. WORKSHOPS / EVENTS

8.1 Any person can participate in a workshop organised by Happy Hippiiez Yoga, after he or she has made a booking via the website or via mail (to happyhippiez@oulook.com or happyhippiezyoga@outlook.com), after the booking has been confirmed, and after Happy Hippiiez Yoga has received the full amount of money that is due for participation in the workshop.

8.2 In case of a workshop and/or event, the applicable workshop/event schedule can be found on the website. Happy Hippiiez Yoga reserves the right to change the schedule at any time. Any changes will be announced in advance, as soon as possible.

8.3 The price of a workshop and/or event can be found on the Happy Hippiiez Yoga website. Full payments for a workshop or event must be made before the specific workshop and/or event is scheduled to start.

8.4 For some workshops and/or events, an “Early Bird Rate” might apply. This reduced rate applies until the date specified on the website. After this date the normal rate, which is also specified on the website, applies without exception.

8.5 Happy Hippiiez Yoga reserves the right to cancel a scheduled workshop/event due to force majeure or insufficient registrations. In that case, the (full) amount already paid will be refunded to the participant.



8.6 In case a participant desires to cancel a purchased workshop/event, this can be done by sending an email (to happyhippiez@outlook.com or happyhippiezyoga@outlook.com). As mentioned in article 7.5, workshops, retreats and programs at Happy Hippiez Yoga are non refundable, unless otherwise stated.

9. RETREATS

9.1 In case we organise a retreat, access to this retreat can be purchased via the website or by sending us an email (to happyhippiez@outlook.com or happyhippiezyoga@outlook.com). Further details regarding the retreat can be found on the website, as well as the price of the retreat.

9.2 By participating in a retreat, the relevant participant accepts the applicability of the Terms and Conditions and any additional Terms and Conditions that will be made clear before purchasing the retreat.

9.3 A participant may participate in a retreat only after he or she has registered successfully for it in advance, with Happy Hippiez Yoga, and paid the full amount of money that is due in order to participate.

9.10 The participant is guaranteed a spot in the retreat only after Happy Hippiez Yoga has received full payment of the price or the deposit / application fee and after Happy Hippiez Yoga accepts the participation of the participant, after having filled out an application form.

9.11 For some retreats, an "Early Bird Rate" might apply. This reduced rate applies until the date specified on the website. After this date the normal rate, which is also specified on the website, applies without exception.



9.12 The price of a retreat can be found on the Happy Hippiiez Yoga website. Full payments for a retreat must be made before the specific retreat is scheduled to start.

9.13 In the case of participation in a retreat, the deposit / application fee must be paid immediately when subscribing. The full price must then be paid, respecting the conditions to which the participant agreed.

9.14 When a payment has not been fulfilled in respect to the conditions agreed to by the participant (previously published by Happy Hippiiez Yoga), Happy Hippiiez Yoga has the right to cancel the reserved spot. The (now former) participant is still obliged to pay the full payment, and the full price agreed to upon purchase, as the retreats are non refundable (unless otherwise stated).

9.15 In case a participant desires to cancel a purchased retreat, this can be done by sending an email (to happyhippiez@outlook.com or happyhippiezyoga@outlook.com). As mentioned in article 7.5, workshops, retreats and programs at Happy Hippiiez Yoga are non refundable, unless otherwise stated.

9.16 Happy Hippiiez Yoga reserves the right to cancel a scheduled retreat due to force majeure or insufficient registrations. In that case, the (full) amount already paid will be refunded to the participant. Participants cannot claim any other form of compensation.

10. PERSONAL BELONGINGS

10.1 Personal belongings are brought into the studio premises (or any location where classes, workshops, events, or retreats are hosted) at the member's or participant's own risk and Happy Hippiiez Yoga does not accept liability for any loss or damage whatsoever to



such items. For security reasons members are advised to take valuables into the studio and not leave them in changing rooms or any other areas.

10.2 The participant is at all times responsible for his or her own personal belongings. Happy Hippieez Yoga as a company or the teacher individually, is in no way responsible for the personal belongings of the participant and can not be held liable for theft or loss of personal items.

11. HEALTH

11.1 Members are advised not to undertake physical activities without first seeking medical advice if they have concerns about their physical condition. Happy Hippieez Yoga reserves the right to refuse access to any member if, in its absolute discretion, it considers that the health of the individual concerned may be endangered by the use of such facilities.

11.2 Members are solely responsible for their decision to participate in any of our classes, private sessions, workshops, events, and retreats. If there is any doubt, the member should consult his or her doctor. In case of physical complaints or disorders, it is advisable to consult with the doctor or general practitioner in advance. Participation is entirely at your own risk and only possible if your health is not an obstacle. If in doubt about your health and / or if you are under medical treatment, you should consult your doctor or general practitioner. Members must notify the studio of any circumstances affecting their health which may be exacerbated through continued use of the studio.

11.3 When you register to become a member at our Studio, we ask you to fill out a registration form that includes the following question: Are there any health complaints or other points of attention that must be taken into account? Are there any physical or mental conditions that are important for your instructor to know?

11.4 Any form of physical activity requires a level of a balanced state, physically, mentally and emotionally. By participating in any of our classes, private sessions, workshops, events, and retreats, the participant declares that he or she is aware of its own health issues, and the participant takes full responsibility for his or her own health and well-being, at all times.



11.5 Happy Hippiiez Yoga as a company or the teacher individually, is in no way responsible for the health of any participant and can not be held liable for injury or damage as a result of participation in the yoga class.

12. DRESS & FOOTWEAR

Members are requested to wear clothes appropriate to the practice of yoga. Footwear should be removed on entry to the premises and left on the shoe racks provided, or any other designated area.

13. SAFETY

13.1 Smoking is not allowed during any of the classes, and anywhere near the place where the classes are taking place (in case of outdoor classes).

13.2 Members and/or participants are requested not to walk around the studio or the location of the classes, workshops, events, and/or retreats, barefoot if they have foot complaints. In this case, please wear flip flops that have not been worn outside.

13.3 Members and/or participants must use the appointed entrance to the studio or location where the classes, workshops, events, and/or retreats are being held, when entering or leaving. Fire exits, which are clearly marked, are there in the interests of safety and members and/or participants must not interfere with these doors for any reason.

13.4 In the event of a fire, members and/or participants are asked to make their way to the nearest available exit.



14. GENERAL GUIDELINES

14.1 Members must at all times observe the studio guidelines, which may be notified to them from time to time, and are requested to comply with any reasonable directions which the management of the studio may issue to ensure the smooth operation of the studio for the convenience of all members.

14.2 Members are required to give written notice to Happy Hippiiez Yoga of any change of address, email or contact number. Failing such notice, all communications shall be assumed to have been received by the member within 5 days of mailing to the last address notified to Happy Hippiiez Yoga.

14.3 Happy Hippiiez Yoga reserves the right to refuse admission to the studio.

14.4 A person who is not a member has no rights to rely upon or enforce any terms of the membership agreement, or use any of the facilities provided by Happy Hippiiez Yoga.

14.5 Happy Hippiiez Yoga may communicate with the member by email. By providing an email address to Happy Hippiiez Yoga, the member consents to receiving email communications from the Company, including notices pursuant to the Terms and Conditions. The member also accepts any risk that email may not be a fully secure and confidential means of communication. Happy Hippiiez Yoga will not be liable for any loss or damage suffered as a result of communicating with a member in this manner.

14.6 Happy Hippiiez Yoga reserves the right to use photo material made during any classes, events, workshops, and retreats for promotional purposes. When a participant or member registers for any class, event, workshop, and/or retreat, permission is automatically granted for this. In case the participant does not want to be photographed, they shall let the teacher know beforehand.

14.7 The written and spoken teaching materials, and any materials used by Happy Hippiiez Yoga during any of our classes, events, workshops, and retreats may not be copied, made public or multiplied in any way without the prior written permission of Happy Hippiiez Yoga.



14.8 Happy Hippiiez Yoga is not responsible if the Happy Hippiiez Yoga classes, content and/or atmosphere do not meet the personal expectations of the student.

14.9 By accessing Happy Hippiiez Yoga, any participant and/or member agrees to be bound by the Terms and Conditions detailed here. We advise the participant/member to read these Terms and Conditions completely.

14.10 All materials contained on our website are the property of Happy Hippiiez Yoga. Content or images contained in this site may not be copied or reproduced in any form without written permission of Happy Hippiiez Yoga.

14.11 Happy Hippiiez Yoga chooses to make hands-on adjustments to poses that participants practice, during any classes, events, workshops, and retreats. When a participant or member registers for any class, event, workshop, and/or retreat, permission is automatically granted for this. In case the participant does not want to be touched and hands-on adjustments are not desired, they shall let the teacher know beforehand.

15. LIMITATION OF LIABILITY

15.1 Happy Hippiiez Yoga cannot be held responsible for any service or equipment not being available for whatever reason. Happy Hippiiez Yoga reserves the right to make alterations to the types of facilities provided, without notice and in its absolute discretion. Happy Hippiiez Yoga shall not be liable for any loss occasioned by such alterations.

15.2 It is the member's responsibility to ensure that they are capable of undergoing a routine of exercises provided by any program that they follow or class that they attend. Members accept the risk of injury from performing exercises and are advised to consult their doctor prior to beginning any program or class. Happy Hippiiez Yoga accepts no liability for loss or damage to property or injury of members on the studio premises or outside the studio (including the locations in which classes, events, workshops, and retreats are organised by Happy Hippiiez Yoga).



15.3 Happy Hippiiez Yoga shall never be liable for any injury, loss or damage in connection with, or resulting from, participation in any classes, events, workshops, and retreats. It is the participant's responsibility at all times.

15.4 The participant will never engage Happy Hippiiez Yoga, the teachers, or any of the supporting staff, in legal proceedings relating to possible damages in whatever form, that may be the result of participation.

15.5 To diminish the risk of injury, Happy Hippiiez Yoga requests any participant or member to consult with a physician before starting to take yoga classes, especially when they are not sure about their health, or if they are pregnant. We request the participant or member to always inform the teacher about their condition before they enter the class. It is important that any participant and/or member listens to the teacher carefully, and follows the given instructions at all times. Any member and/or participant is required to always listen to their physical limitations. If any of the exercises or poses are or might be painful, we require the participant and/or member not to perform the exercises. Participants and/or members are always allowed to ask questions when they do not understand an exercise.

15.6 Participation in any classes, events, workshops, and retreats is at all times at the participant's or member's own risk.

15.7 Happy Hippiiez Yoga works with (a) qualified teacher(s) and always provides high quality classes and workshops. Still, there is a risk of injury or injury during a class or workshop. By participating in any class, workshop, event, training or retreat at or provided by Happy Hippiiez Yoga, the student and participant accepts this risk of an injury as their own risk. The participant is solely responsible for this.

16. FLEXERCISE

16.1 "Flexercise" means Flexercise, address: Schovenlaan 96, 6225 JS Maastricht.

16.2 Happy Hippiiez Yoga works with Flexercise and hosts yoga classes that are made available for people with a Flexercise membership to access.



16.3 Anyone with a Flexercise membership may participate in one of the yoga classes organised and taught by Happy Hippiiez Yoga. These Terms & Conditions apply to all participants.

16.4 Participating in a class always needs to be booked ahead of time. Booking a class can be done via the booking system / app of Flexercise.

17. COLLABORATIONS

17.1 Anytime Happy Hippiiez or any teacher under the name of Happy Hippiiez hosts a workshop or class in collaboration with another party, these same Terms & Conditions apply.

18. HOUSE RULES

18.1 All participants are expected to adhere to the Happy Hippiiez Yoga house rules, referred to as our 'Etiquette', at all times. These house rules can be found both here, in the Terms and Conditions, as well as on our website.

"House rules" refers to our Etiquette.

"Etiquette" is defined in article 19.

18.2 Happy Hippiiez Yoga reserves the right to deny access to participants who do not comply with the house rules as referred to in article 18 and 19. Happy Hippiiez Yoga also reserves the right to terminate any membership and/or class card of the relevant participant without reimbursing any (subscription) costs already paid.

19. ETIQUETTE

♥ You are welcome to practice yoga with Happy Hippiiez Yoga.



- ♥ Please respect the student-teacher relationship and follow requests from your teacher. If for any reason a request cannot be followed, feel free to let your teacher know. Never take on postures that do not feel right for your body.
- ♥ Please remain silent or use a very calm and quiet voice upon entry, and be respectful of the space and calmness of other students.
- ♥ Please do not disturb the peace.
- ♥ Please refrain from unnecessary talking.
- ♥ In case of participating in any of our Mysore classes, please respect and follow the traditional Ashtanga method as taught by Happy Hippiez Yoga. Please do not add, skip or in other ways deviate from the traditional Ashtanga sequence of yoga asanas unless acknowledged or requested by your teacher. If you do not know the sequence or if following the traditional method is not possible for you, either talk to your teacher or request guidance to find a more appropriate class for you.
- ♥ Please stay on your own mat and refrain from assisting other practitioners.
- ♥ Please do not try out any new asanas unless agreed upon with your teacher.
- ♥ Please note that footwear should be removed on entry to the shala. Please leave your shoes in the shoe racks upon entry, or in any of the other designated areas.
- ♥ Please do not wear shoes in the yoga practicing spaces.
- ♥ Your bag and clothes shall be left in designated areas of the shala, and shall not be placed near your mat and the practice area, to make sure we do not interrupt any other students, and prevent injuries. Personal valuables can be placed in a designated area in the yoga shala.
- ♥ Please turn off your mobile phone.
- ♥ Respect your limits. Acknowledge that your body and mind will feel different every day, and make sure you listen to what your body tells you and practice in your own time following your own breath.



- ♥ Practice with care and consideration towards yourself and others.
- ♥ It is recommended to practice on an empty stomach. We advise to refrain from eating at least 2 hours prior to and 30 minutes after your practice. However, this is only a recommendation. Always listen to your own body with care.
- ♥ Do not drink water during or immediately after a session. Wait at least 30 minutes. Drink plenty of water after your practice.
- ♥ Personal hygiene is an integral part of practicing yoga. Please ensure that you and your gear are clean. Always make sure you are clean and fresh when you attend any of our yoga classes.
- ♥ Please wear clean clothes during our yoga classes. Wear comfortable clothing in which you can move easily.
- ♥ Please make sure to clean yoga mats regularly. When borrowing a mat from our studio, make sure you clean the mat before leaving the shala and thus before returning the mat. Mat cleaning spray bottles, and towels to wipe the mats, can be found in the room where classes are taught. Ask your teacher for more information. Storing mats unrolled, or leaving them out in the sun are also good ways to eliminate bacteria and reduce smells.
- ♥ If you feel emotional during or after a yoga session (joy, sadness, irritation, etc.) then accept the feelings and welcome these emotions. If this feels difficult, you are welcome to speak to your teacher about it.
- ♥ In the tradition of Ashtanga Yoga, the days of the full moon and new moon are considered 'yoga holidays'. We do not practice Ashtanga Yoga on those days. For a complete list of Moon days, please have a look on our website.
- ♥ We do not offer any Mysore classes on New and Full moon days. For a complete list of Moon days, please have a look on our website.
- ♥ At Happy Hippiiez Yoga we believe in creating a safe space and a rich community, completely focused on respect, support and healing. Always respect both the physical and



mental integrity of any participant and teacher. Sexual behaviour or sexually suggestive behaviour shall NEVER be tolerated at Happy Hippiiez Yoga.

♥ If you struggle with a posture, our experienced teacher will help you. Hands-on adjustments and guidance are given throughout the class, always with consent of and respect to the student. Yoga blocks and straps are available in our studio for use, to get into the postures with more ease. Alternative options are also suggested for many of the more challenging yoga postures. You can always ask your teacher for help.

♥ Happy Hippiiez Yoga reserves the right to deny any participant and/or member entrance to any of our classes, workshops, events, training, and retreats, and terminate their participation, in case they do not comply with the Happy Hippiiez Yoga Etiquette, as described here and on our website. Happy Hippiiez Yoga reserves the right to do so without reimbursing any money.

20. PERSONAL DATA

20.1 Happy Hippiiez Yoga collects personal data from the participants and/or members for keeping its files up-to-date, for class bookings, for booking confirmations, for issuing invoices, for promotional purposes, and for administrative purposes. Happy Hippiiez Yoga handles this collection of personal data with care and respect.

20.2 Happy Hippiiez Yoga may communicate with the member by email. By providing an email address to Happy Hippiiez Yoga, the member consents to receiving email communications from the Company, including notices pursuant to the Terms and Conditions. The member also accepts any risk that email may not be a fully secure and confidential means of communication. Happy Hippiiez Yoga will not be liable for any loss or damage suffered as a result of communicating with a member in this manner.

20.3 Read more about what we do with your personal data in our Privacy Statement, which can be found on our website.